

## GIBRALTAR SPORTS AND LEISURE AUTHORITY BAYSIDE SPORTS CENTRE BAYSIDE ROAD GIBRALTAR



PRESS RELEASE

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## Mid-Term break activities for children and young people at the Kings Bastion Leisure Centre and Bayside Sports Centre.

We kick off with an Ice Skating Bonanza at the Kings Bastion Ice Rink.

**Gibraltar Ice Skating Association (GISA)** will be offering 'Learn to Skate' Classes for complete novices and intermediates as well as technical workshops for advanced skaters. GISA's aim is to ensure that all children and young people in Gibraltar have the opportunity to enjoy skating safely at the Kings Bastion Leisure Centre Rink and be aware of what is currently available. Skaters are introduced to safety requirements and basic techniques on the ice in both the beginners and intermediate levels and have the opportunity to develop their skills in Ice Dance, Ice Theatre and Free Skating, under the auspices of one of Gibraltar's top NISA Coach Jaime Spiteri and her Ice Helpers from the Gibraltar Rock Stars Figure Skating Club.

Classes will run Monday 29<sup>th</sup> October through to Friday 2<sup>nd</sup> November.

Contact Sharon on <u>gisasec@gibcom.gi</u> or tel 58700000 after 12noon for further information and to book your place.

## **Rock Ice Skating Academy**

International Skate Champions Alexei Kislityn and Natalia Peslova will be visiting the Rock of Gibraltar once again this Mid-Term to work alongside another of Gibraltar's highly qualified NISA coaches, Jenni Smith, to lead Ice Skating Classes through the Rock Ice Skating Academy. Classes will include synchronised skating, techniques and the introduction of exiting new moves for intermediate and advanced skaters. Mid-Term skating sessions will run Tuesday 30<sup>th</sup> to Friday 2<sup>nd</sup> November.

Contact Jenni at jennichampagne@hotmail.co.uk or tel 0034 600 270131 or Anne on 58009485 for further information and to book your place.

## Halloween Disco Party on Ice – Friday 2<sup>nd</sup> November 6pm onwards.

Mid Term at the King's Bastion Ice Rink promises to be an absolute bonanza. We have coaching and tuition from Gibraltar's highly qualified and committed Coaches, we have visiting Russian Ice Skating Coaches and to end the week we have what promises to be a Halloween Disco Party on Ice to remember. Prizes will be on offer for 'Best Halloween Costume' for Junior and Adults.

Contact Kings Bastion Leisure Centre on Tel 20044777 for further information.

NB: To ensure comfort, it is recommended that skaters wear skate dresses and tights or long sleeved tracksuits and leggings (warm clothes) and gloves. Long hair is to be tied back.

Bayside Sports Centre Mid-Term Programme:

**Gymnastics** – A mixture of artistic and rhythmic gymnastics for children aged 4 years and over. Handstands, cartwheels, tumbling and much more Mondays, Wednesday and Fridays 10am to 12noon.

**Pre School Gymnastics** - Classes for 2 <sup>1</sup>/<sub>2</sub> to 4 year olds will be held on Tuesday and Thursday mornings at the Tercentenary Sports Hall.

Contact the Gibraltar Rhythmic Gymnastics Association on e-mail <u>info.grga@yahoo.co.uk</u> or tel 56000772 to book your place and for further information.

**Badminton FUNdamentals Coaching Classes** with Gibraltar Badminton Development Officer Mark Archer and world leading development coach Mike Woodward. Mondays to Fridays for middle school age group (10am to 11.30am) and intermediate coaching classes for older children and young people (11.30am to 1.30pm) at St Anne's Middle School Gym.

Contact Mark Archer on e-mail <u>marcher@gibtelecom.net</u> or Tel 20046678 or mobile 54027504.

**Outdoor Painting Classes** for children and young people over the age of 6 years with Giorann Henshaw. Monday to Friday 10am to 11.30am at the Bayside Sports Centre Boathouse. Children will need to bring painting pad, water colours, paint brush, a snack and a beach chair.

Contact Giorann on Tel 20075663 or e-mail henshbros@gibtelecom.net

**Cheerleading** for children aged 3 to 12 years Wednesday 31<sup>st</sup> October to Friday 2<sup>nd</sup> November between 10am and 1pm at the Bayside Sports Centre Studio.

Contact Georgina on mobile 58008338 or e-mail georginamorello@vahoo.co.uk

**Target Shooting** – New to the programme for young people over the age of 12 years. Basic training in Air Pistol shooting at the Bayside Sports Centre Lecture rooms Monday to Friday 2 to 4pm.

Contact gibraltarpistol@hotmail.com or Louis Baglietto on mobile 54095000.

Children taking part in activities are required to wear suitable clothing and footwear and bring a drink to the programme.

For further details e-mail the Gibraltar Sports Development Unit on <u>gibsportsdev@gibtelecom.net</u> or pick up a leaflet from the Bayside Sports Centre or the Kings Bastion Leisure Centre